

Subject **Re: I missed your response...**
From Ahavah Farm <contact@ahavahfarm.com>
To Katie Barton <katie@thehappycoders.com>
Date 2024-07-02 21:45



Ms. Barton,

You are unbelievable. We did not lie, period, full-stop and you cannot prove that we did. We deleted the comments and blocked the users before you screen-shotted the post and made a misleading article. YOU LIED. You are the only person lying in this situation and misleading the public in order to force your ridiculous agenda that our food is unsafe and that we are untrustworthy. We are probably the most trustworthy people you know, which I'm sure makes you really upset and causes you to do everything in your power to make us and our family look bad.

We deleted the initial post prior to your hit-piece and deleted it because we wanted you and the other awful people from being mean and misleading - not the other way around. I was constantly being bombarded with awful comments and e-mails and I was blocking them left and right and deleting them as soon as I saw them. I did not see the need to screen shot them at that point - but I don't need to continue to defend myself because not only do you not deserve it, but you have made up your mind about us and no matter what I say, you will continue to have your agenda - trying to ruin a family that has been upright and has grown the purest food available in the single most regenerative way possible and have donated over \$850,000 in free food to local families in need (where's that article!?!?). I won't hold my breath.

I am an expert in plant biology and teach biological agriculture classes as part of my career. Basic plant biology is 100% clear and factual that plants DO NOT uptake any aspect to the flour that we are putting on. It is safer than ANY chemical, or organic-chemical that can be utilized to kill grasshoppers - and we let the community know about it, literally minutes after making the first application on Sunday night. It is perfectly safe for the biology, for the environment, for bees and for humans - as long as it is washed off (like all responsible people should do). This was admitted to, FULL-STOP and 100% by Chris Rich himself.

Plants do NOT absorb the flour. Chris Rich agreed with me 100% over the phone. He admitted that the Celiac community was overpassionate and he even apologized on your community's behalf. He admitted to me, personally, Yosef Camire, over the phone that the flour method was "perfectly safe" and that we "have to do what we need to to grow the food" and that the quotes were in fact, "not a big deal," but he just needed to follow up because he couldn't find them attributed to his organization. Ask him yourself, if you care to know the truth and show him this e-mail if you must. I am telling the 100% truth, period - and I absolutely resent you calling me a liar.

As for the quotes, those were given to us by a resource, by the one who told me about this method in the first place. Clearly the links were the incorrect ones, but that does NOT mean we lied. It simply means that we posted too quickly without ensuring the links were correct. I asked my friend where he got the quotes from, and he got them from someone else. Who knows how long the chain could have been.

You clearly have an agenda and we are done communicating with you as not only are you completely incompetent, but you have a clear agenda and are reprehensibly misleading and dishonest and you are a complete and utter jerk for the way you are handling this.

Your lies are hurtful, your community is trying to destroy our family and our farm and further communication with you will not be tolerated by us.

DO NOT CONTACT US AGAIN AND IF YOU CONTINUE TO MISLEAD I WILL PRESS CHARGES AND SUE YOU FOR DEFAMATION.

Yosef Camire

On Tue, Jul 2, 2024 at 8:09 PM Katie Barton <katie@thehappycoders.com> wrote:

The NCA's statement is exactly the opposite of what you posted on your facebook page yesterday. But you have not corrected that. All rude comments aside, people's lives could literally be in your hands. Your customers trust you to provide factual information.

I can not help what others say on the internet, nor do I condone name calling.

Once again, can you cite 1 of the sources you responded to me with via social media? That's really the reason everyone is so upset. Surely you understand this as a business and would not want to be misquoted yourselves.

Thanks for your time,

Katie B.

On 2024-07-02 20:59, Ahavah Farm wrote:

Hi Katie,

Yes, we spoke with him. It's all good. He has to do his political post. It's his job.

However, he did apologize for the response a minority of celiacs have had towards this.

When you are being attacked...every comment is suspect. Like those posing as avid Gardners.

Again...we are communicating with those this affects. Not every celiac in the world who is hysterical about flour dusting.

Chris Rich was very reasonable. But again, it's clear from a mile away who we should have a constructive conversation with and who we should avoid. Who has the best of intentions and who doesn't.

Thanks.

On Tue, Jul 2, 2024, 7:43 PM Katie Barton <katie@thehappycoders.com> wrote:

To whom it may concern:

You lied on social media and got caught. No screenshot was edited.

If so many people were mean to you, then why not share more than just the single person who acted up today?

By the way, she was shunned from the gluten free group as everyone was mad that she would say such mean things.

You made false statements, so much so that a reputable organization had to put out a press release, or didn't you see that? (it's attached)

You had a chance to come clean and post your sources, or admit you lied and made things up that could indeed harm people.

Instead you choose to go on the attack when you clearly made a mistake.

I asked politely several times before writing any articles for you to cite your source, which you have not and can not do.

Now you continue to delete ANY nice comment that even questions or asks about the situation.

This does not help to restore trust or confidence within the community at all. We all make mistakes, but hiding it only makes it worse.

Wheat allergies can literally kill someone.

Have a nice evening,

Katie B.

On 2024-07-02 18:38, Ahavah Farm wrote:

Hi Katie,

Thank you so much for reaching out!

I hear you are writing an article about our farm and would like to know some facts before you publish it? I would be more than happy to help!

Truth seeking is SO important and I appreciate that you want to make sure everything you write is correct and accurate before sending it out to the world.

Oh wait...you already wrote that article! My bad. And now you are posing as "an avid gardner with allergies."

You posted screen shots of a post with malicious comments deleted and claimed that it never did contain those comments.

You absolutely lied to push your agenda.

We cannot have any legit conversation with someone so intent on destroying our reputation. Someone who doesn't even know us or seek the truth first.

We are literally THE ONLY FARM being honest and transparent about this topic. You are on a witch hunt with literally no sincere desire to be honest.

We will happily continue to communicate with our members and community about this matter.

We will not continue to communicate with you or the other trolls trolling our posts.

Thanks again for getting in tough!

On Mon, Jul 1, 2024, 6:25 PM Katie Barton <katie@thehappycoders.com> wrote:

Hello,

I hope this email finds you well.

I am writing this in response to your reply to me this morning via facebook, however that reply has been removed.

Would you be so kind as to provide your sources for the quoted statements you provided me in response to using flour when gardening and it being safe for those with food allergies?

Your quote:

"It does not get absorbed by plants... Celiac Disease Foundation: "Gluten is a group of proteins found in wheat and other grains that can cause adverse health effects in individuals with celiac disease or gluten sensitivity. Gluten is not absorbed by plants when flour is used for dusting." Celiac Disease Foundation. National Celiac Association: "Cross-contact with gluten-containing substances can occur during food preparation and handling, but gluten is not absorbed by plants through surface application of flour or other gluten-containing products." National Celiac Association. University of California Agriculture and Natural Resources: "Gluten from wheat flour dusting used in pest control remains on the surface of plants and is not absorbed into plant tissues. Washing produce thoroughly removes any surface residues." UC ANR."

As an avid gardener and someone with food allergies, I am very interested.

Thank you so much for your time.

Be well.

Katie B.